



The Lebanese Society of  
**OTO-RHINO-LARYNGOLOGY**  
**HEAD & NECK SURGERY**

الجمعية اللبنانية للأذن والالتهاب والحنجرة وجراحة الوجه والعنق



The  
**22<sup>nd</sup>**

Annual Congress of the  
Lebanese Society of  
Oto-Rhino-Laryngology  
Head and Neck  
Surgery

**3 – 4 November, 2017**

Phoenicia Hotel, Beirut – Lebanon



## Welcome Letter



Dear Friends and Colleagues,

It is with great pleasure and anticipation that the Lebanese Society of Oto-Rhino-Laryngology, Head and Neck Surgery extends a cordial welcome to its **“22<sup>nd</sup> Annual Congress”** that will be held on **November 3 – 4, 2017** at Phoenicia Hotel in **Beirut, Lebanon**.

This exceptional event will be held in the magical and vibrant city of Beirut bringing updated insight into the **latest and most efficient techniques** in our field.

This Congress will offer a unique model of a large scale academic event dedicated to teaching and training in **Facial Plastic and Reconstructive Surgery, Rhinology, Otology, Neurotology and Pediatric Otolaryngology**; It will provide a challenging scientific program in the form of **plenary lectures, scientific sessions, symposiums and a huge exhibition**. It is expected to attract high attendance from the Middle East and Europe with **prominent experts from USA, Canada, Europe and the region**.

I would like to acknowledge the effort and hard work of the scientific committee chaired by Dr. Roger Moukarbel for putting together this year's excellent and comprehensive program.

Facial Plastic Surgery Sessions will be richer than ever. They will deal with Rhinoplasty and different surgical and non-surgical aspects of facial rejuvenation and remodeling. Rhinology and Otology sessions will embrace adult and pediatric aspects of the fields from simple to advanced operative techniques in addition to comprehensive updates on controversial and difficult topics.

The Phoenicia Hotel Beirut is a historic 5-star luxury hotel overlooking Beirut Marina, located at a walking-distance from Beirut historical Central District.

For Fans of historical sites, Lebanon offers an unparalleled Phoenician, Roman and Arabic Heritage spread over the entire country.

We promise you unforgettable days in our beautiful city and we thank you for helping us shape the future of our Society in the field of ORL - Head and Neck Surgery and Facial Plastic Surgery.

**Looking forward to welcoming you in Beirut!**

Antoine Jaklis M.D.

Associate Professor of Otolaryngology - Head and Neck Surgery  
President of the Lebanese Society of Otolaryngology- Head and Neck Surgery  
Otolaryngology and Facial Plastic Surgery Dept.  
Saint George Hospital University Medical Center. Beirut, Lebanon



## Executive Board Committee

Antoine Jaklis	<i>President</i>
Mustafa Soueidan	<i>Vice President</i>
Maya Adhami	<i>Secretary</i>
Nazih Mahmoud	<i>Treasurer</i>
Elie Akl	<i>Member</i>
Mazen Moghrabi	<i>Member</i>
Roger Moukarbel	<i>Member</i>
Jade Nehme	<i>Member</i>
Nabil Tarchichi	<i>Member</i>

## Scientific Committee

Roger Moukarbel	<i>Chairman</i>
Randa Barazi	
Srour Diab	
Antoine Jaklis	
Zeina Korban	
Jade Nehme	

## International Faculty

Fazil Apaydin	<i>Turkey</i>
Chakib Ayoub	<i>USA</i>
Roy R. Casiano	<i>USA</i>
Laurent Castillo	<i>France</i>
Vincent Darrouzet	<i>France</i>
Hossam Foda	<i>Egypt</i>
Roger Jankowski	<i>France</i>
Alissa Kanaan	<i>USA</i>
Alexandre Karkas	<i>France</i>
Philippe Kestemont	<i>France</i>
Corinna Levine	<i>USA</i>
Nuri Ozgirgin	<i>Turkey</i>
Emmanuel Racy	<i>France</i>
Hassan Ramadan	<i>USA</i>
Antonio Souza Vieira	<i>Portugal</i>
Mark Taylor	<i>Canada</i>
Ramzi Younis	<i>USA</i>

## MEETING AT A GLANCE

Friday 3 <sup>rd</sup> November, 2017	
Room 1	
08:30 - 10:30	Facial Plastic Surgery - Part 1
11:00 - 12:30	Facial Plastic Surgery - Part 2
14:00 - 16:00	Facial Plastic Surgery - Part 3
16:30 - 19:00	Facial Plastic Surgery - Part 4
Room 2	
08:30 - 10:30	Otology - Part 1
11:00 - 12:30	Otology - Part 2
14:00 - 16:00	Otology - Part 3
16:30 - 19:00	General Otolaryngology

Saturday 4 <sup>th</sup> November, 2017	
Room 1	
08:30 - 10:30	Facial Plastic Surgery - Part 1
11:00 - 13:00	Facial Plastic Surgery - Part 2
Room 2	
08:30 - 10:30	Rhinology - Part 1
11:00 - 13:00	Rhinology - Part 2
14:00 - 16:00	Rhinology - Part 3
16:30 - 18:30	Rhinology - Part 4

## Local Faculty

Marc Bassim
Randa Barazi
Elie Eter
Sami Faddoul
Samer Fakhri
Fouad Fata
Firas Farhat
Amine Haddad
Usamah Hadi
Abdulatif Hamdan
Antoine Jaklis
Jihad Khoury
Zeina Korban
Jade Nehme
Karen Nicolas
Charbel Rameh
Ziad Rohayem
Patrick Snaifer
Paul Yazbeck



## INTERNATIONAL FACULTY

### Fazil Apaydin, M.D.

Professor  
Otorhinolaryngology Facial Plastic Surgery  
President of the European Academy of Facial Plastic Surgery  
Honorary Faculty Member of the department of Otorhinolaryngology and  
Head-Neck Surgery, Division of Facial plastic surgery - University of  
Illinois at Chicago  
Ege University, Ismir, Turkey



### Roy Casiano, MD, FACS

Professor and Vice Chairman  
Director: Rhinology and Endoscopic Skull Base Program  
Department of Otolaryngology, Head & Neck Surgery  
University of Miami, Miller School of Medicine  
Miami, Florida, USA



### Laurent Castillo, MD

Professor  
Department of ORL and Cervical Maxillo-Facial Surgery  
Co-Director Visage Course and Rhinoplasty meeting, Nice, France  
University Institute of the face and neck  
Nice University Medical Center, France



### Chakib Ayoub, MD, MBA

Professor of Anesthesiology  
Duke University School of Medicine  
Durham, NC USA





### **Vincent Darrouzet, MD**

Professor and Chairman  
Department of Otolaryngology Head and Neck Surgery  
Department of Skull Base Surgery  
Member of the French National Academy of Surgery  
University Hospital of Bordeaux, France



### **Hossam M.T. Foda, MD**

Professor  
Head of Facial Plastic Surgery Division  
Otolaryngology Department, Alexandria University, Egypt



### **Roger Jankowski, MD**

Professor and Chairman  
Head and Neck Surgery – Skull Base Surgery  
Department of Otolaryngology  
University Hospital of Nancy  
Université de Lorraine - Nancy - France



### **Alissa Kanaan, MD**

Assistant Professor  
Director, Division of Rhinology and Allergy  
Department of Otolaryngology – Head and Neck Surgery  
University of Arkansas for Medical Sciences  
Little Rock, Arkansas, USA



### **Alexandre Karkas, MD, MSc**

Professor  
Department of ORL Head and Neck Surgery  
Skull Base Surgery  
University Hospital of Saint-Etienne, Saint-Etienne, France





### **Philippe Kestemont, MD**

Facial Plastic and Reconstructive Surgery  
Director of Visage Course and Rhinoplasty Meeting, Nice, France  
Affiliated with the University Institute of the Face and Neck, Nice  
Head of Division at Saint-George Esthetic Clinic, Nice, France



### **Corinna G. Levine, MD, MPH**

Assistant Professor  
Rhinology & Skull Base Surgery  
Department of Otolaryngology Head and Neck Surgery  
University of Miami Miller School of Medicine - Miami



### **Nuri Ozgirgin, MD**

Professor  
Immediate Past President of The European Academy of Otology and Neurotology  
President of Vertigo Academy International  
Past President of the Board of Directors, Politzer  
Chairman of Working Group on Guidelines on Cholesteatoma.  
Editor in Chief in the Journal of International Advanced Otology  
Bayindir Hospital - Istanbul - Turkey



### **Emmanuel Racy, MD**

Head and Neck and Maxillo-Facial Surgery  
Saint Jean de Dieu Foundation  
Clinique Oudinot - Paris, France





### **Hassan Ramadan, MD, MSc, FACS**

Professor and Chairman  
VP, Southern Section, Triologic Society  
Residency Program Director  
Sinus Center Director  
Department of Otolaryngology, Head and Neck Surgery  
West Virginia University - USA



### **António Sousa Vieira, MD**

Professor and Chairman  
President of the Portuguese ENT Society for 2010-2013  
President of the Annual Meeting "NOSE" since 2003  
President of the Annual Meeting of the EAFPS in 2017  
ENT Department, Dos Lusíadas Porto Hospital  
Portugal



### **S. Mark Taylor, MD**

Professor and Chairman  
Past President of the Canadian Society of Otolaryngology-Head and Neck  
Past President of the Canadian Academy of Facial Plastic and Reconstructive  
Surgery from 2013-2016  
First President of the Canadian Association of Head and Neck Surgical  
Oncologists.  
Otolaryngology-Head and Neck Surgery Department  
Dalhousie University, Halifax, Nova Scotia, Canada



### **Ramzi T. Younis, MD, FACS, FAAP**

Professor and Chief  
Division of Pediatric Otolaryngology  
Department of Otolaryngology - Head & Neck Surgery  
Bascom Palmer Eye Institute, Ear Nose and Throat Clinic  
Miami - Florida





Friday 3<sup>rd</sup> November, 2017

ROOM 1

**08:30 - 10:30 Session I: Facial Plastic Surgery - Part 1**

**Moderators: Mostapha Sweidan - Elie Khoury - Ali Anani**

08:30 - 09:00	Essentials of Rhinoplasty	Mark Taylor
09:00 - 09:15	Closed Vs Open Rhinoplasty: My Approach	Laurent Castillo
09:15 - 09:30	The Keystone Area Revisited	Fazil Apaydin
09:30 - 09:50	Management of the Deviated Nose	Hossam Foda
09:50 - 10:00	Q & A	
10:00 - 10:30	Evolution of Powered Rhinoplasty <i>Symposium Sponsored by Pouret Medical</i>	Emmanuel Racy

**10:30 - 11:00 Coffee Break**

**11:00 - 12:30 Session II: Facial Plastic Surgery - Part 2**

**Moderators: Philippe Rouadi - Rami Khoury - Ahmad Houmani**

11:00 - 11:20	Tip Projection and Rotation	Hossam Foda
11:20 - 11:40	Suture Techniques of the Nasal Tip	Fazil Apaydin
11:40 - 11:55	Functional Failures in Rhinoplasty	Laurent Castillo
11:55 - 12:00	Q & A	
12:00 - 12:30	Non-Surgical Blepharoplasty - Using Plasma Technology <i>Symposium Sponsored by Medica</i>	Helena Rossy

**12:30 - 13:00 Opening Ceremony**

**13:00 - 14:00 Lunch Break**





Friday 3<sup>rd</sup> November, 2017

ROOM 1

**14:00 - 16:00 Session III: Facial Plastic Surgery - Part 3**

**Moderators: Jihad Khoury - André Azar - Raed Rteil**

14:00 - 14:30	Facelift Surgery: A Basic Approach	Mark Taylor
14:30 - 14:50	Lifting the Difficult Neck	Philippe Kestemont
14:50 - 15:20	Blepharoplasty: All You Need To Know	Mark Taylor
15:20 - 15:30	Q & A	

15:30 - 16:00	Advantages of Coblation for Tonsillectomy. Tips & techniques <i>Symposium Sponsored by Dima Health Care</i>	Patrick Snaifer
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**16:00 - 16:30 Coffee Break**

**16:30 - 19:00 Session IV: Facial Plastic Surgery - Part 4**

**Moderators: Paul Yazbeck - Abdel Salam Hasbini - Nabil Fakih**

16:30 - 17:15	<b>Keynote Lecture: (ROOM 2)</b> Lessons Learned In Otolaryngology-Head and Neck Surgery	Mark Taylor
17:15 - 17:45	A New Dynamic Full Face Treatment Approach <i>Symposium Sponsored by Gannage Pharma</i>	Antoine Jaklis
17:45 - 18:15	Anatomy and Risk Zones in Injection Techniques	Philippe Kestemont
18:15 - 18:30	Rejuvenation of the Midface: Our Approach	Philippe Kestemont
18:30 - 18:45	Medical Rhinoplasty: Risks and Results	Antoine Jaklis
18:45 - 19:00	Q & A	



Friday 3<sup>rd</sup> November, 2017

ROOM 2

**08:30 - 10:30 Session I: Otology - Part 1**

**Moderators: Srour Diab - Bassam Tabche - Sandrine Yazbeck**

- |               |  |                          |
|---------------|--|--------------------------|
| 08:30 - 08:45 | Temporal Bone Imaging: From Anatomy to Pathology                           | <b>Sami Faddoul</b>      |
| 08:45 - 09:00 | What is New in Hydrops Imaging   | <b>Vincent Darrouzet</b> |
| 09:00 - 09:15 | CT-Assisted Evaluation of Retraction Pockets                               | <b>Karen Nicolas</b>     |
| 09:15 - 09:30 | Radiological-Surgical Correlations in Cochlear Implantation: Case Examples | <b>Alexandre Karkas</b>  |
| 09:30 - 09:45 | External and Middle Ear Manifestations of Systemic Disease                 | <b>Elie Eter</b>         |
| 09:45 - 10:00 | Auto Immune Diseases of the Inner Ear                                      | <b>Charbel Rameh</b>     |
| 10:00 - 10:15 | New Therapy in Otologic Systemic Disease                                   | <b>Fouad Fata</b>        |
| 10:15 - 10:30 | Q & A  |                          |

**10:30 - 11:00 Coffee Break**

**11:00 - 12:30 Session II: Otology - Part 2**

**Moderators: Antoine Nehmé - Albert Naim - Hussein Ahmad**

- |               |   |                          |
|---------------|---|--------------------------|
| 11:00 - 11:15 | Classification and Staging of Temporal Bone Tumors  | <b>Vincent Darrouzet</b> |
| 11:15 - 11:30 | Middle Cranial Fossa Approach:<br>Selective Indications and Techniques  | <b>Alexandre Karkas</b>  |
| 11:30 - 11:45 | Vestibular Schwannoma and Hearing Preservation  | <b>Vincent Darrouzet</b> |
| 11:45 - 12:15 | <b>PANEL</b> Complications in Lateral Skull Base Surgery<br><b>Panelists:</b> Vincent Darrouzet - Georges Zaytoun -<br>Alexandre Karkas - Antoine Nehmé | <b>Marc Bassim</b>       |
| 12:15 - 12:30 | Q & A   |                          |
| 12:30 - 13:00 | <b>Opening Ceremony (ROOM 1)</b>  |                          |

**13:00 - 14:00 Lunch Break**



Friday 3<sup>rd</sup> November, 2017

ROOM 2

**14:00 - 16:00 Session III: Otology - Part 3**

**Moderators: Georges Zaytoun - Mohamad Natout - Sami Hussein**

14:00 - 14:15	Clinical Practice Guidelines for Otitis Media with Effusion in Children: An Update	Ramzi Younis
14:15 - 14:30	Joint Consensus Statement on The Classification Of Middle Ear Cholesteatoma	Nuri Ozgirgin
14:30 - 14:45	Maximizing Success Rates in Tympanoplasty	Jade Nehme
14:45 - 15:00	Difficult Stapedectomies	Nuri Ozgirgin
15:00 - 15:15	Ossiculoplasty Type 2: How I Do it	Alexandre Karkas
15:15 - 15:30	Vestibular Rehabilitation	Nuri Ozgirgin
15:30 - 15:45	Tympanostomy Tube Otorrhea in Children	Ramzi Younis
15:45 - 16:00	Q & A	

**16:00 - 16:30 Coffee Break**

**16:30 - 19:00 Session IV: General Otolaryngology**

**Moderators: Bassam Romanos - Samer Serhal - Hassan Chokr**

16:30 - 17:15	<b>Keynote Lecture:</b> Lessons Learned in Otolaryngology-Head and Neck Surgery	Mark Taylor
17:15 - 17:45	Cardinal Sins in Airway Management	Chakib Ayoub
17:45 - 18:00	Intracapsular Versus Total Tonsillectomy	Ramzi Younis
18:00 - 18:15	Sialendoscopy: Indications and Outcomes	Amine Haddad
18:15 - 18:30	Update on the Management of Vascular Malformations	Randa Barazi
18:30 - 18:45	Office Based Laryngology Practice: A New Frontier	Abdul Latif Hamdan
18:45 - 19:00	Q & A	



**Saturday 4<sup>th</sup> November, 2017**

**ROOM 1**

**08:30 - 10:30 Session I: Facial Plastic Surgery - Part 5**

**Moderators: Mazen Moghrabi - Ibrahim Achkar - Nidal Sabri**

08:30 - 08:50	Revision Rhinoplasty	Fazil Apaydin
08:50 - 09:20	Revision Tip Surgery	Hossam Foda
09:20 - 09:40	Spreader Flaps and Spreader Grafts: When and How	Antonio Vieira
09:40 - 10:00	Nasal Base Narrowing	Hossam Foda
10:00 - 10:30	Full Face Lifting <i>Symposium Sponsored by Medica</i>	Paul Yazbeck

**10:30 - 11:00 Coffee Break**

**11:00 - 13:00 Session II: Facial Plastic Surgery - Part 6**

**Moderators: Melhem Samara - Elie Akl - Michel Hage**

11:00 - 11:40	<b>Keynote Lecture: (ROOM 2)</b> Navigating Without A Navigator: Endoscopic Landmarks For Polyps And Revision Cases	Roy Casiano
11:40 - 12:10	Updates on Otitis Media <i>Symposium Sponsored by GlaxoSmithKline</i>	Usamah Hadi
12:10 - 12:30	Grafts of the Tip and Alar Regions	Antonio Vieira
12:30 - 12:45	Different Ways to Carve Costal Cartilage Grafts	Fazil Apaydin
12:45 - 13:00	Diced Cartilage in Profiloplasty	Antonio Vieira

**13:00 - 14:00 Lunch Break**



**Saturday 4<sup>th</sup> November, 2017**

**ROOM 2**

**08:30 - 10:30 Session I: Rhinology - Part 1**

**Moderators: Maya Adhami - Firas Farhat - Fadi Bou Malhab**

- |               |  |                        |
|---------------|--|------------------------|
| 08:30 - 08:45 | CT Anatomy of the Sinonasal Tract and Skull Base                         | <b>Sami Faddoul</b>    |
| 08:45 - 09:00 | Septoplasty and Turbinate Reduction:<br>Indications And Current Trends   | <b>Firas Farhat</b>    |
| 09:00 - 09:15 | Management Strategies and Current Theories in<br>Allergic Rhinosinusitis | <b>Alissa Kanaan</b>   |
| 09:15 - 09:45 | What's New in the Management of Chronic<br>Rhinosinusitis                | <b>Roger Jankowski</b> |
| 09:45 - 10:00 | Fungal Rhinosinusitis: From Allergic To Invasive                         | <b>Alissa Kanaan</b>   |
| 10:00 - 10:15 | Role of Navigation In Endoscopic Sinus Surgery                           | <b>Samer Fakhri</b>    |
| 10:15 - 10:30 | Q & A  |                        |

**10:30 - 11:00 Coffee Break**

**11:00 - 13:00 Session II: Rhinology - Part 2**

**Moderators: Zeina Korban - Nabil Moukarzel - Ziad Rohayem**

- |               |  |                       |
|---------------|--|-----------------------|
| 11:00 - 11:40 | <b>Keynote Lecture:</b><br>Navigating Without A Navigator:<br>Endoscopic Landmarks For Polyps And Revision Cases   | <b>Roy Casiano</b>    |
| 11:40 - 12:05 | Pediatric Sinusitis: Does it Exist?  | <b>Hassan Ramadan</b> |
| 12:05 - 12:20 | Frontal Sinus Anatomy and Surgical Approaches  | <b>Roy Casiano</b>    |
| 12:20 - 12:50 | <b>PANEL</b><br>Avoiding and Managing Complications in Endoscopic<br>Sinus Surgery: Would You Have Done it Differently?<br><b>Panelists:</b> Roy Casiano - Roger Jankowski -<br>Usamah Hadi - Hassan Ramadan | <b>Corinna Levine</b> |
| 12:50 - 13:00 | Q & A  |                       |

**13:00 - 14:00 Lunch Break**



**Saturday 4<sup>th</sup> November, 2017**

**ROOM 2**

**14:00 - 16:00 Session III: Rhinology - Part 3**

**Moderators: Usamah Hadi - Gabriel Chami - Hicham Daher**

- |               |  |                        |
|---------------|--|------------------------|
| 14:00 - 14:15 | Extended Endoscopic Maxillary and Sphenoid Sinusotomies    | <b>Zeina Korban</b>    |
| 14:15 - 14:30 | Pituitary Sellar Floor Reconstruction: When and How?       | <b>Usamah Hadi</b>     |
| 14:30 - 14:45 | Endoscopic Skull Base Surgery: Limitations and Challenges  | <b>Roy Casiano</b>     |
| 14:45 - 15:15 | Tumors of the Olfactory Groove                             | <b>Roger Jankowski</b> |
| 15:15 - 15:30 | CSF Leak Repair And Management Of Large Skull Base Defects | <b>Corinna Levine</b>  |
| 15:30 - 15:45 | Endoscopic Orbital Decompression                           | <b>Roy Casiano</b>     |
| 15:45 - 16:00 | Q & A  |                        |

**16:00 - 16:30 Coffee Break**

**16:30 - 18:30 Session IV: Rhinology - Part 4**

**Moderators: Maher Kasty - Mulham Jaber - Walid Abou Hamad**

- |               |   |                       |
|---------------|---|-----------------------|
| 16:30 - 16:45 | The Axillary Flap: An Easy Approach to The Frontal Sinus  | <b>Antonio Vieira</b> |
| 16:45 - 17:00 | Isolated Frontal Sinus Disease: Our Experience  | <b>Jihad Khoury</b>   |
| 17:00 - 17:15 | Management of Epistaxis: Role of SPA Ligation   | <b>Ziad Rohayem</b>   |
| 17:15 - 17:30 | Endoscopic DCR: Indications and Technical Tips  | <b>Emmanuel Racy</b>  |
| 17:30 - 18:15 | <b>PANEL</b><br>Difficult and Challenging Cases<br><b>Panelists:</b> Roy Casiano - Roger Jankowski -<br>Samer Fakhri - Zeina Korban | <b>Corinna Levine</b> |
| 18:15 - 18:30 | Q & A   |                       |

**18:30 Meeting Adjourned**



## Places To Visit

### Option I: Baalbek & Anjar & Ksara



#### BAALBEK

Full Day Tour where you can visit Baalbeck, one of the most amazing archeological sites found in the east of Lebanon where the Beqaa plain lies enclosed between two mountain ranges. Heliopolis: the roman temples of Baalbeck, located in the Bekaa valley 85 kilometers away from Beirut. It makes up the largest and best preserved corpus of roman architecture left around. The acropolis occupies the top of an artificial hill built up of different layers of habitation. Its temples, dedicated to Jupiter, Bacchus and Venus, were constructed between the first and the third centuries A.D. In the "Jupiter temple" six of the 54 giant columns that originally surrounded the sanctuary survived till today. The temple has an impressive podium and a vast rectangular courtyard where sacrifices were carried out. The sanctuary is reached through a propylaea (monumental entrance) and hexagonal forecourt.

The town of Baalbeck has major remains from Islamic times including the grand Mosque, built by the Ommayyads with material borrowed from ancient monuments, and another mosque built in Mamluke times near the spring of Ras El-Ain.



#### ANJAR

Anjar is located in the Bekaa valley, 58 km away from Beirut. It was built by the Omayyad caliph al- Walid Ibn Abdel Malek in the early 8th century A.D. Inside the city's strong fortifications are the remains of streets, three palaces, souks, two hammams and a Mosque. Located on the old route linking the Bekaa with Damascus, Anjar was built in the neighborhood of an ancient stronghold called Gerrah, which location is still problematic. Today the name of Gerrah is retained in the word 'Anjar' which means 'source of Gerrah' (Ain Gerrah).



#### KSARA

Built during the Roman period then covered by sand for centuries, the Ksara caves were found by mistakes in 1898 by the Jesuites who were looking for a wolf that was eating their chicken every night and was using the caves a refuge. It is now the refuge of the well known Ksara wine where thousands of the old wine bottles are preserved. A tasting of the best wines is done during the visits



## Option 2: Byblos & Jeita & Harissa



### BYBLOS

One of the oldest towns in the world goes back at least 7,000 years.

The rise and fall of nearly two dozen successive levels of human culture on this site makes it one of the richest archeological areas in the country.

Under the domination of the Egyptian pharaohs in the 3rd and 2nd millennia B.C, Byblos was a commercial and religious capital of the Phoenician coast. It was in Byblos where the first linear alphabet, ancestor of all modern alphabet, (through Greek and Latin), was invented.

This busy modern town located at 36 kilometers north of Beirut, has the "Roman Medieval port" as its main tourist hub. The landmarks in this area are: the crusader castle and church as well as the extensive remains of city's past - from Neolithic times to the crusader era. A beautiful Mosque adds to the cultural mix in the old part of Byblos. And all around a diversity of cafes and restaurants can be found



### JEITA

Nominated for the seven world wonders, Jeita is one of the world's most beautiful caverns, at 20 km away north of Beirut .The lower caverns are visited by boat over a subterranean lake 623 meters long. A dry upper gallery can be seen on foot. After many years of exploration, Lebanese speleologists have penetrated 6,910 meters from the entry point of the grotto to the far end of the Underground River

and 2,130 meters of the upper galleries. The main source of the Dog River (Nahr El Kalb) rises in this cavern.



### HARISSA

600 meters above the sea level and 26 km away from Beirut, with a wonderful panoramic view covering the Bay of Jounieh, the Statue of Virgin Mary was erected in 1908. It's based on a chapel with outside spiral staircase that leads to the top; as well cable car service is provided from the bay of Jounieh to the mountain of Harissa.





### Option 3: Cedars & Besharreh & Kozhaya



#### CEDARS

The most venerable representatives of the Cedars of Lebanon, which once covered the country's mountains, are in the Besharre region in the North of Lebanon. Hundreds of trees stand on slopes 2,000 meters high in the shadow of the 3,088 meter peak of Qornet es- Sawda. From Lebanon's cedar forests, Solomon got the timber to build his temple and palace, while the Egyptians Pharaohs used the wood carve their sarcophagi and 'sunships'!



#### BESHARREH

In the north, the picturesque gateway to the Cedars of Lebanon is the birthplace of the famous Lebanese poet Gibran Khalil Gibran. Here one may visit the Gibran Museum and the many ancient churches and monasteries



#### KOZHAYA

Part of the Holy valley where Maronites used to during the Ottoman's period, Monastery of St-Antoine of Kozhaya is one of the numerous monasteries built in this valley. It is built partly inside in the mountain and partly outside it. It is surrounded by a very beautiful panorama of forest and valley.

Organised by:



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INTERNATIONAL FOR EVENTS

4<sup>th</sup> FLOOR, QUBIC CENTER, DAOUD AMMOUN STREET, HORSH TABET - SIN EL FIL  
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